

BOROUGH OF BELLEVUE
County of Allegheny
Commonwealth of Pennsylvania

Resolution No. 1 6 - 1 6

A RESOLUTION OF THE TOWN COUNCIL OF THE BOROUGH OF BELLEVUE, A HOME RULE CHARTER MUNICIPALITY, AUTHORIZING TO WORK ALONG WITH ALLEGHENY COUNTY TO ACCOMPLISH THE GOALS OF THE *LIVE WELL ALLEGHENY* CAMPAIGN.

THE TOWN COUNCIL OF THE BOROUGH OF BELLEVUE HEREBY RESOLVES THAT:

SECTION 1: The President of Council and the Director of Administrative Services and Secretary are hereby authorized and directed

WHEREAS, in January, 2013, Allegheny County Executive Director Rich Fitzgerald, under the leadership of the Board of Health and Health Department Director Dr. Karen Hacker, launched a comprehensive, innovative strategy on wellness called Live Well Allegheny: and

WHEREAS, living well is a broad concept that incorporates physical health, mental wellness, personal and community safety, prevention and preparedness, physical activity, nutrition, fitness, managing chronic disease, improving well-being, quality of life, education, improving our standard of living, cessation programs, vaccinations, weight loss, anti-aging, health literacy and so much more; and

WHEREAS, the health of our county residents, and the health of the Borough of Bellevue residents, requires a coordinated effort to ensure that programs, studies, outreach events and other efforts have the ability to improve our overall health; behavior changes requires a cultural change which *Live Well Allegheny* is intended on providing; and

WHEREAS, one of the main initiatives of the *Live Well Allegheny* campaign is to endeavor to have the participation of all 130 municipalities and to provide programming in each of those communities; the campaign can enhance the capacity of communities to effectively plan, implement, evaluate and sustain activities and interventions that accomplish the goals;

NOW, THEREFORE, BE IT RESOLVED that the Borough of Bellevue will endeavor to work along with Allegheny County to accomplish the goals of the *Live Well Allegheny* campaign, and

FURTHERMORE, that the Town Council of the Borough of Bellevue will work cooperatively with the *Live Well Allegheny* campaign and pledges to take the following steps within our community goals of:

- Promote participation in a voluntary wellness campaign for the community's employees.
- Share information on wellness campaign events with the broader community to encourage the voluntary participation of residents
- Plan, promote and implement a *Live Well Allegheny* event in cooperation with the campaign that encourages active living
- Develop indoor and outdoor wellness trails accessible to residents of all abilities
- Develop walking maps; measure the distances mapped and encourage residents to meet goals
- Offer incentives for employees who walk or bike to work
- Encourage multi-modal transportation of residents by providing facilities or policies that encourage walking and bike riding
- Ask your vending machine company to add healthy foods, and work with the company to post calories and nutrient contents and amounts for the foods offered
- Promote and support farmers' markets
- Encourage involvement with community volunteer activities
- Promote smoke-free building and perimeters
- Provide health information focused on monthly or seasonal events
- Utilize web sites and social media to provide information of physical activity, nutrition, stress management, tobacco cessation, and other health and wellness related

ATTEST:
initiatives

management, tobacco cessation, and
other health and wellness related

Resolved and Adopted on this

day of

MAY

2016.

BOROUGH OF BELLEVUE

By:


Ronald L. Borczyk

Borough Director/Secretary


Lynn Tennant-Heffley, President

Bellevue Town Council